

HOW EFFECTIVE IS IT?

Levonorgestrel-releasing intrauterine system (LNG-IUS)

FAILURE RATE DURING FIRST YEAR OF USE

IUCs are one of the most effective methods of contraception available

TYPICAL USE



2 of 1000 women



PERFECT USE



2 of 1000 women

ADVANTAGES

- + Highly effective
- + Reversible
- + Long term, forgettable and invisible
- + Cost-effective
- + Safe
- + May be suitable for women who cannot take estrogen
- + May be suitable for breastfeeding women
- + Reduces risk of endometrial cancer



DISADVANTAGES

- Initially, irregular bleeding or spotting may occur
- Expensive
- Some pain or discomfort during insertion
- Rare risks with the insertion could include infection, perforation of the uterus, or expulsion of the IUC
- Does not protect against STIs

There are two types of intrauterine contraception: the Copper intrauterine device (Cu-IUD) and the levonorgestrel-releasing intrauterine system (LNG-IUS), which contains a progestin.

LEVONORGESTREL-RELEASING INTRAUTERINE SYSTEM (LNG-IUS) contains a progestin

ADVANTAGES

- + A minimal amount of hormones is absorbed in your blood
- + May reduce menstrual flow and cramps
- + May lead to absence of period
- + Regulates menstrual cycle
- + Improves symptoms of endometrioses

DISADVANTAGES

- Some women may experience hormonal side effects : acne, headaches, breast tenderness, mood issues
- Irregular periods, light or no menstrual periods – which some think of as an advantage, others as a disadvantage